

KOSHER PRIMARY MENU – PARDES HOUSE

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Meat / Fish Choice	Homemade Pasta Bolognese with Garden Peas	Homemade Beefburger in a Bap with Oven Baked Chips and Sweetcorn	Roast Chicken with Roast Potatoes and Fresh Carrots	Homemade Meat Balls in Tomato Sauce with Cous Cous	Fish Goujons with Jacket Wedges and Green Beans
Vegetarian Choice	Mince Blintz with Roast Potatoes and Baked Beans	Homemade Vegetarian Shepherd's Pie with Sweetcorn	Homemade Vegetable Curry with Rice and Fresh Carrots	Homemade Vegetable Lasagne with Garden Peas	Baked Potato with Coleslaw and Baked Beans
Salads	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Gravy		Gravy	Gravy		
Dessert	Homemade Chocolate Cracknell	Alpro Dessert	Homemade Lemon Sponge	Fresh Melon and Pineapple	Homemade Oaty Apple Crumble
Custard	Chocolate Sauce		Custard	Custard	Custard
Bread Basket	Sliced Bread	Sliced Bread	Sliced Bread	Sliced Bread	Sliced Bread

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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Meat / Fish Choice	Homemade Chicken Pie with Mashed Potato and Fresh Carrots	Roast Turkey with Roast Potatoes and Green Beans	Homemade Beef Lasagne with Garden Peas	Salmon Goujons with Oven Baked Chips and Sweetcorn	Baked Potato with Tuna and Baked Beans
Vegetarian Choice	Vegetarian Nuggets with New Potatoes and Baked Beans	Homemade Stir Fry Vegetables with Rice	Vegeburger in a Bap with Coleslaw and Garden Peas	Homemade Vegetarian Moussaka with Sweetcorn	Homemade Penne Pasta with Sweet Tomato and Basil Sauce with Garden Peas
Salads	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Gravy	Gravy	Gravy			
Dessert	Homemade Carrot Cake	Fresh Fruit Salad	Homemade Cookies	Homemade Chocolate Sponge	Fresh Melon and Pineapple
Custard	Custard	Custard	Custard	Chocolate Sauce	Custard
Bread Basket	Sliced Bread	Sliced Bread	Sliced Bread	Sliced Bread	Sliced Bread

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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Meat / Fish Choice	Homemade Chicken Curry with Rice and Sweetcorn	Homemade Beef Koftas with Cous Cous and Garden Peas	Homemade Chicken and Vegetable Pie with New Potatoes and Green Beans	Roast Beef with Roast Potatoes and Fresh Carrots	Tuna Pasta with Homemade Arrabiata Sauce and Sweetcorn
Vegetarian Choice	Vegetarian Schnitzel with Oven Baked Chips and Sweetcorn	Baked Potato with Coleslaw and Baked Beans	Homemade Pasta Provençal with Green Beans	Vegetarian Nuggets with Roast Potatoes and Fresh Carrots	Vegetarian Frankfurters in a Hot Dog Roll with Baked Beans
Salads	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Gravy		Gravy	Gravy	Gravy	Gravy
Dessert	Homemade Sultana Flapjack	Homemade Apple Sponge	Fresh Fruit Salad	Homemade Shortbread Biscuit	Fresh Melon or Pineapple Wedges
Custard	Custard	Custard	Custard	Custard	Custard
Bread Basket	Sliced Bread	Sliced Bread	Sliced Bread	Sliced Bread	Sliced Bread